

### ***Gratitude***

In particular, I would like to thank Dr. Tad James for bringing healing into my life when it was sorely needed. The “Secret of Creating the Future” series of tapes saved my life. His concept of going into the past, finding the first root cause, learning from it and sending healing to our memories through meditation saved my life. I am grateful. The process that we are doing here is different in that no meditation is involved. The Learning Path Integrated Technique uses the physical hand motions to bypass the conscious mind as well as other approaches. When I sent the manual to Dr. James, he said that I was doing it differently and good luck. Thank you again, Dr. James.

I am grateful to all those mentioned below for participating and helping in the testing of “The Line of Time” upon which the Learning Path Technique, mind body and soul was based.

**John Marshall, Dianne Matthew, Tomas White, Ruth Burt, Martin Lumm, Barbara Hambleton and Leslie Krumins** and many others also participated in the early experiments

I am also grateful to **Richard Brown and Leslie Krumins** for their involvement in the experimentation with the development of the long lists and labels as well cooperating in the creation of the first two manuals of the older approach.

Regarding the “New Approach to the Learning Path Integrated Technique,” **Roy Green, Rosemary St. Luce, Dana Lumm, Lisa Lerner, Tomas White and Allan Singe** contributed enormous assistance to its development. Thank you, dear friends.

The studies of the following enabled me to comprehend and develop pathways to finding first root causes. I am grateful to:

**Deepak Chopra**’s “Quantum Healing” for helping me understand quantum and its effect on healing; Dr. John Sarno’s “**Mind Body Prescription**” for showing the pathway through the brain to the repressed emotion; **Dr. Paul Pearsall**’s, for opening the door to the heart through his book “**The Heart’s Code**”; **Seicho No Ie, Yogananda’s** Self Realization Home Study; Transcendental Meditation (TM), **Geraldine Smith’s** teachings in the seventies, **Reiki** (Olga is a Reiki Master); Therapeutic Touch; Silva Method, Spiritual healing; the Kabala, Christianity, and eastern mysticism,

specifically Hinduism, Buddhism and Taoism and more recently, the Koran also contributed to the development of **The Learning Path Integrated Technique**

Gratitude for editing goes to **Irene Magill, Duke Duyck and my cousin, Alex Eftimoff**. Thank you so very much.

This manual takes the original diagram and finds an effective, unique, concise and inclusive approach to finding first root causes. The diagram takes care of the rest. Verbalization is at a minimum. Enjoy.