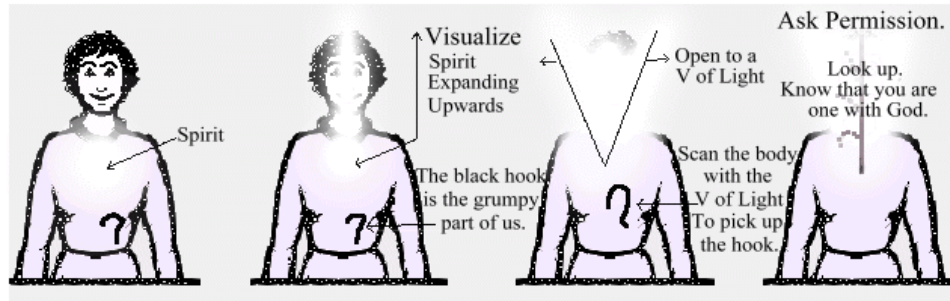
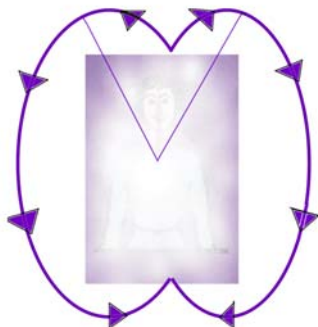


## Chapter Eight

### GETTING INNER PERMISSION - “V OF LIGHT”



1. Visualize the client in front of you.
2. Visualize a Light just behind the thymus gland in the middle the client's chest.
3. Visualize a black hook shape somewhere in the body we call the "grumps"
4. Visualize the Light expanding upwards to infinity.
5. Visualize the Light opening into a cone, a V shape.
6. Visualize the hook straightening up into the Light.
7. Say "Look up, know that you are one with God"
8. *Ask permission.*



9. Visualize the light expanding around and through the body. (For enhancement)

Some practitioners get a pleasant feeling when clients grant permission and an unpleasant feeling when the inner aspect of

the client denies permission; other practitioners may have a mental impression of “yes” or “no”. Even if you have no response, it does not matter. If you do not have permission, the healing will not work. With the Learning Path Technique, you will not be able to detect a first root cause of anything.

If you do have permission, you will find the first root cause and work with it. Conscious permission is not enough.

### **Explanation:**

Reiki is a healing energy that you can feel as heat and gentle tingles on the palm of the hand or body. Years ago, I found that some people who came to me did not feel the energy nor pain relief. About 20 percent did not respond to the healing. They came for help, yet some part of them refused the help. The big question was: “How do we get at that part that does not want to heal and see if it will change its mind?”

The diagram above illustrates two basic aspects:

- A Light behind the thymus gland
- A Hook (grumps)

In the eighties, I was experimenting with visualization. There seemed to be a sense a light behind the thymus gland. It was an egg shape just about four inches in diameter. What would happen if I visualized this Light expanding upwards? To my surprise, changes occurred.

The example that convinced me is as follows: My neighbour had a ten-year-old boy who had been in trouble with the law. This boy had been left with his grandmother at birth; he lived with her for five years. He did not accept his grandmother as a mother and allowed no hugs from birth till he came to my apartment at the age of ten. He had never allowed himself to be hugged by anyone at all, I was told. One day, when my friend was visiting with me, her son came to the door to ask her a question. Here was an opportunity to see if this visualization worked. When I asked him if he would take part in an experiment, he stood up straight and tall and said “yes.” No other communication occurred.

I visualized the light enlarging and then expanding straight up way above his head. Within a few seconds, to my extreme surprise, he came over and gave

me a hug, the first of his life. Then he gave his mother the second hug of his life.

He did not know what I was doing. No verbalization occurred. The only thing that he knew was that this was an experiment.

The next example related to Reiki. Sometimes the energy would not flow even though the person asked. The new visualization did not work. Even when the Light was expanded into a V to include the whole brain, the Reiki energy did not flow. Something was stopping it, even when the person was consciously asking for Reiki.

Everyone has a grumpy part of them, some say “the dark side of the soul”. Why choose the “hook” as the symbol? The hook looked down rather than up. The hook needed to be drawn into the Light and to have it straighten up so that the point could see the truth of the Oneness with God.

For a brief period, the complexity of our being becomes unified. Then we ask permission.