

## Chapter Seven

### CLEARING

We live in an energy soup, both pleasant and unpleasant. We have created part of the soup, but the soup is made up of electromagnetic energy patterns expressed by all around us. If such energy influences us, we lose our capacity for expressing free will.

You have now learned to sense energy using the palms of your hands. As you become more aware of energy, you will find that you will notice the air around you having a variety of qualities. If you visualize your own body in front of you and pass your hand through it, you will notice a variance in qualities of tingling, heat and cold. One can go to any object, visualize (or intend) that object in front of you, you will again notice a variance of qualities of tingles or absence of tingle.

Have you ever had an unexplainable mood, a feeling of sadness, emotional pain, tiredness, irritation? Life is going well and then, for no apparent reason, it all changes. Relationships break down; jobs are lost all because of “Feelings”.

How can you tell if the feeling is yours? Ask yourself if this feeling takes place in one room and disappears when you go into another. Notice, observe and be objective.

Of course, we can all find reasons to feel unhappy. However, which comes first, the unhappiness or the reason? If the unhappiness comes first, you may be tuning into emotions from an outside source or to a vibratory memory stored in the walls of a room in which a fight has taken place.

Have you ever entered a room just after a fight and noticed an electrical feeling in the air? Have you picked up an object that felt unpleasant and wanted to put it down? Have you ever had a sense that a friend, who had died, was nearby? Was there a room in your house that you did not want to go into? It was just not “comfortable”.

No physical proof of spirit has been found, and yet humankind, throughout history, has recorded personal experiences of such beings. We will find that some energies disappear when a prayer that we call the “Dear One Prayer” is expressed.

We are going to be working with the mind, the will, the intent, and prayer. To accomplish the desired end, a positive, clear, pleasant environment, suspending judgement is necessary.

We live in an energy soup. To live truly by our own free will, we need to clear our surroundings of discordant energy.

The unconscious mind seems to have its own interpretation of the various patterns of energy. Therefore we relate the labels to archetypes that are manifest from the collective unconscious.

Some of you will wish to substitute the word "God" for the Highest of which you can conceive.

1. Visualize yourself surrounded in God's Love Light
2. Place your hand, palm facing away from you,
3. Feel the air around you and over your head. When you feel the tingle, go through the following six steps:

Over the centuries, each society assigned common labels to varying vibrations of energy. Thought forms, spirits, aliens, or fallen angels have been common to every one of them. It does not matter if you do not believe in them. We connect your unconscious to the collective unconscious where such ideas reside.

1. The following prayer removes some of these energies.

Find the energy with your hand and say the Dear One prayer. You will notice the energy disappear. (It is quite amazing.)

Dear One, you are one with your higher being, you are one with God  
 As God is Love, you are love  
 As God is Light, you are light  
 You are healed and forgiven  
 You are free from fear and pain.  
 You are free of the earth's vibration.  
 I ask God, God's angels and God's beings of light  
 To take you to God's Loving Court to learn your right place  
 Go to your right place in peace and love

2. We pollute the air with unwanted energies from old bundles of vibration given off by emotional outbursts or negative thoughts.

(Hand sense the air.)

Clear the air by:

- i. Centring yourself in God or the Highest, of which you can conceive through visualization and intention.
- ii Shouting the sound AEIOU in a guttural fashion, verbally or mentally.  
(See if the air feels the same or different.)

All material objects can act like tape recorders for energy. To prove this technique, find a crystal that feels sticky. Take the crystal in your hand and visualize it as clear. Say the word “clear” and then make an abrupt snort (blowing through your nose very quickly). You will find that the crystal will no longer be sticky.

(Apparently crystals have latticed layers of ions that are disrupted easily. It seems that this technique restores the crystal to its original state.)

3. Now visualize the area you want to clear. In your mind, visualize your apartment, house, hospital etc. Visualize the building (or part of the building at first). See it as clear with no colour and no light and shadow. Think the word “CLEAR” and SNORT.
4. Visualize God’s Love Light as a horizontal flood like a tidal wave that goes deep into the ground, at least 25 feet below ground level and is high enough to go through the whole building.
5. As a blessing, ask for God’s Love Light to descend like a soft mist soaking into everything and filling the whole area. FEEL THE AIR  
...
6. Check, by hand sensing, to see if there are any dimensional holes. ***Ask God to ask his angels to close and mend the dimensional hole.*** (Dimensional hole seems to be caused by extreme outbursts of emotion or physical pain.)

(If you are tired for no reason, you may have a leakage of energy into what may be a black hole. These holes appear when extreme pain or emotional outbursts occur. The prayer, mentioned above, has repeatedly resulted in the resurgence of energy in the body.)

7. Sometimes there is a rough energy, exemplified by extreme pain, or a sparking energy in your arm as you do LPIT. In the Kabbala, there

is a term using the names of letters in the Hebrew alphabet symbolizing the coming together of positives and negatives in oneness of God. I have found that the tingles disappear as I say, **mentally**, Yod Hay Vod Hay 144 times . (Share with others always). Apparently Yod Hay Vod Hay is the old pronunciation. The new one substitutes the Vod with Vav. The result is pure bliss..but share it please with others

### SUMMARY

Surround yourself with God's White Light.

Ask God to ask his angels to mend the dimensional holes completely

Close the dimensional hole

1. Dear One, you are one with your higher being, you are one with God  
 As God is Love, you are love  
 As God is Light, you are light  
 You are healed and forgiven  
 You are free from fear and pain.  
 You are free of the earth's vibration.  
 I ask God, God's angels and God's beings of light  
 To take you to God's Court to learn your right place  
 Go to it in peace and love
2. AEIOU (centre yourself in God)
3. CLEAR - SNORT
4. GOD'S TIDAL WAVE (horizontal)
5. GOD'S MIST (floating down)
6. Express gratitude