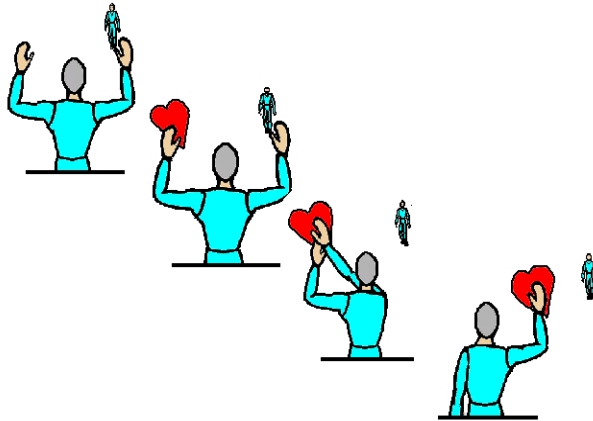


## Chapter Five

### HAND TRANSFER TECHNIQUE

Put your hands up into the air palms facing away from you. Intend the person in front of your right hand. You are the observer. Therefore, you will label your name in front of your right hand if you are doing yourself.



In front of your left hand, you will intend the body of the person. Then you leave the total person and move your right hand behind your left-hand still facing away from you.

Drop your left hand.

We call this “Hand transfer” zeroing into the depths, one stage at a time.

You can hand transfer:

- *From the known person to the person’s friend, child, dog, cat, horse (not known to you).*
- *From the person to part of the body*
- *From the person to the mind, soul or spirit*
- *From the person to his business*
- *From a person to his skill*

Sometimes our minds cannot fathom the detail unless we lead ourselves down a step ladder to this detail.

For example:

- From the person to being an artist
- From being an artist to drawing
- From drawing to composition

Here, the person may need to do a hand transfer to her artistic aspect; from there to the specific art form (such as a drawing) and then to the problem she is having trouble with composition. You would draw the diagram for “composition” in order to accept the learning you refused so long ago. Because you hand transferred, you created a link between the person and composition. Consequently, the “composition” is doing the learning, directly related to the person.

### **Gene and DNA Step Ladder Sequence (zeroing in)**

Intend the person’s state at this time. We can find out if there is a genetic problem by doing the hand transfer technique. While you are doing the hand transfer, your hands will feel a pressure between them showing that the gene or DNA is not the problem. This pressure can be any place on the step ladder.

When the hands move easily, the step ladder is as follows:

Intend the state of the person at the moment and hand transfer to:

*person to the state*

*state to the body*

*body to cells*

*cells to protein around the DNA*

*protein around the DNA to DNA*

*DNA to genes*

*Genes to Specific Gene*

(Do the process, as described later.)

Then hand transfer to the next gene and do the above. Continue until a

resistance occurs in the hand transfer procedure signifying that all the relevant genes have restored themselves to their perfection.

Then you can hand transfer back up the ladder from:

*Genes to DNA*

Then you hand transfer back to the person directly. Why not retrace? Your mind can readily recognize the person with whom you are working. Therefore, the step ladder is not necessary.

Step-laddering is for going from the known to the unknown. It is for directing the attention to a particular aspect of the person that one may not consciously recognize.