

## LEARNING PATH INTEGRATED TECHNIQUE - INTRODUCTION

Often, we think that health is beyond our personal control. If this were true, you are at the mercy of the caretakers. Unfortunately, while providing relief, these people don't always have all the answers, despite their willingness to help. It is getting time that we started realizing that others do not really heal us. They **help** us to do so. We are actually healing ourselves with the regenerative power of our body, mind and soul.

Although the science of medicine looks for external solutions to disease and distress, the real healer is the mind. No medicine will work if a person has a benefit from being sick. Guilt, hunger for loving-kindness from others, past memories of mistakes made because of ego, wrong interpretations of events, repressed memories of trauma, all provide reasons for a life that is not healthy. We have a garbage can of memories, both conscious and unconscious, that influence us daily.

Not only mistakes but blessings present themselves. The smooth flow of love, of generosity fills your being. Do you think that is just your decision today? No. Generation after generation, lifetime after lifetime, you have poured out this spiritual fountain for the blessing of yourself and others around you.

Have you been told that you are reacting just like your grandfather did to certain situations? You did not live with your grandfather. How did you learn to react in that matter? Your genes carry the memories of your grandfather, and his father and the father before. In the Jewish-Christian bible it is said that the sins of the fathers rest on the sons. Your grandfather made a mistake; you make the same mistake.

We are trapped in a spiral of cause and effect.

How can we have remorse for something in our genes or in our hidden past? How can we find the first mistakes or the causes to rectify them? We cannot consciously.

Let us view these statements from a different angle. What if you could mechanically contact the genes and have them repair themselves. Our bodies repair themselves, why not the genes? There is a patterning, a perfect blueprint in the body that enables it to repair cuts and bruises. Surely, the genes also have a perfect blueprint, . . . if they could only access it.

There are so many genes, so many hidden memories; how can we possibly deal with each of them?

Offered here, you will find a new approach that can reach the genes and all other aspects of ourselves, hidden and obvious. Body language and sensing enables us to bypass the critical conscious mind. The “Learning Path Integrated Technique” is the new approach that allows the body/mind/soul to balance itself automatically; it uses ones own intelligence to find these first root causes. There is no need for huge numbers of first root causes. Indeed, most of the work involves just a few ideas.

The unique aspect of this new approach is that we do not label most of the first root causes. Instead, we use a hand sensing technique (dousing) and a hand transfer technique involving concentrating our mind to work with our feelings to fathom our complexity of the moment. We also are focusing with these hand transfers. It is amazing. Experiments appear to result in a feeling of lightness and a freedom from pain. Joy, happiness, contentment and peace manifest.

In conclusion, there is a solution to our forgotten mistakes that resulted in a repression of joy, compassion and love. Now we can go back to the first root causes in our memories and genes, learn from them and send God’s healing to them, health can result. That is the task of the “Learning Path Integrated Technique’s” new approach.