

## Chapter Eleven

### EXAMPLE AND TOOLS WITH WHICH TO “PLAY”

(Make sure that you advise the person to seek assistance from a medical health professional.)

**Specifics:** You may choose any specific to replace the sore stomach. The following is an actual successful example.

**Example:** Sore stomach.

**Do the clearing process and get the inner permission by doing the v of light technique**

#### A. Two ways of finding the stomach:

1. **Stepladder hand transfer:** . person, body, stomach **OR**
2. **Hand sensing**
  - i. Locate the stomach by visualizing the body in front of you
  - ii. Run your hands through the visualization of the body.
  - iii. Run hands through the esophagus, stomach, and duodenum in order to locate the stomach by hand sensing the pain.

**B. Hand transfer technique.** Transfer from person to pain and from pain to the cause of the pain.

**C. Do the diagram for the ‘cause’ with the ‘cause’ as the learner . .**

1. Do **Genes** repairing selves according to the perfect blueprint protocol.
2. **Do DNA**, using crystalline thought forms and particle that causes a cascade.
3. **Existence line:** Do crystalline thought form and particle that causes a cascade.
4. **Fill empty spaces** with positives as chosen by the client.
5. Do the **acceptance plus**.

**Acceptance plus:**

First root cause of *accepting, comprehending, understanding, thinking through, consciously acknowledging and gratefully applying the learning for the highest and best good for all concerned* (negative and positive) (at the end of each session)

- D.** Return to the stomach and **hand sense the next pain**. Continue with the above procedure.  
Repeat and repeat until all the pain has gone.

**SUMMARY**

We have now looked at three procedures:

1. The short one directly with the person
2. The longer one involving the brain
3. The longer one involving the physical heart

We can hand transfer to the feeling, mood or pain of the moment and usually that is enough. However there may be explorations you might like to do. Here, concepts, major issues, and words may be useful.

**MORE TOOLS IF YOU CHOOSE**

The following ideas and possibilities are only meant as an introduction of how broad the scope of the Learning Path Integrated Technique can reach. In fact the possibilities are limitless.

For the most part, though, they may not be necessary.

At first, simply doing the person's diagram and the first root causes of crystalline thought forms and particles that cause a cascade will provide major relief. However, there are hidden, repressed and suppressed aspects of ourselves that may need some encouragement to emerge comfortably and easily in order to learn from them and send healing to the person we once were.

**Energy Released by the Learning:** You may notice that there is an energy that needs to be uncreated in the room at the end of each session and then you

may not. Intend the room in front of you and scan it with your right hand intending an energy ball. Then do the following as with other energy balls.

First root cause of being created

First root cause of not being uncreated

First root cause of being uncreated

**Flashbacks:** Sometimes we begin to relive a past experience with all the feelings and emotions. This is called a flashback. When we have a flashback, a complex problem needs our attention. We need to learn from it as a whole. You can either learn from the flash back with the crystalline thought forms and particles that cause a cascade OR you can do the following:

First root cause of being in a flashback

First root cause of being in the NOW.

**Core Personality:** The intention is to reach that aspect of ourselves that is our root, physical, mental and emotional. Hand transfer from the person to the core personality. LPIT the core personality with crystalline thought forms and particles that cause a cascade.

### ***HAND TRANSFERS***

**Do the hand transfer for each of the following and then do the preceding procedures on them:**

**Crystalline thought form related to .....**

Ask the person to think of **a thought that brings up a negative feeling**. Hand transfer to that feeling. Create a new diagram and do the crystalline thought forms and particles that cause a cascade on this negative feeling.

Notice the change in feeling in the palm of your hand. Do another diagram for the new feeling. Repeat until you notice that you become aware of a blank space with no feeling. ***Then fill the empty spaces with the client's or your choice of positive qualities.***

**Attracting positive energy or whatever:** We live in an energy soup. Some energy patterns are for our Highest and Best Good and some are not. We need to set ourselves up to attract only the Highest and Best Good energies.

Hand transfer from the client to attracting the Highest and Best good. Do the crystalline thought forms and particles that cause a cascade, integration and acceptance plus. Living in love and Light is normal for us. Having healthy energies in our bodies is normal. Attracting the necessary energy for our health and well being is normal. The energy soup has both kinds of energy, harmonious and not harmonious. If we are so filled with harmony, there would be no room for the rough energies given off by others.

**Part of anything:**

- a) a human body such as an organ, system, cells, energy system, muscle
- b) a machine using the energy sensing system to find the problem
- c) part of a computer, automobile, household tool
- c) the planet, country, city

**A quality** such as loving kindness, delight, compassion, wisdom, any specific negative

**A part of a business**, e.g., Sales, economics, support, structure, public relations etc.

**A department in a hospital**, relating to efficiency, cleanliness, fear, kindness.

**Space between** the “person and his situation (or anything you can think of) and the “perfect blueprint,” palm facing palm.

Intend the person and his situation in front of right palm.

Intend the person’s perfect blueprint in front of the left palm.

Move the right palm toward the left. If there is a resistance, it means that the person is disconnected from the perfect blueprint.

Move your hands to the space between the person and the blueprint. Do the diagrams process of LPIT with crystalline thought forms. (You may have to do many.)

Then intend the perfect blueprint in front of the right palm and the person plus in front of the left palm. Repeat.

You will find the results quite remarkable.

**Space between two people**

Person and an idea, or emotion, attitude, success etc.

Relationship between:

Two Countries, two businesses,

Court (judge in one hand, and the defendant in the other.. Do the space between the two. Put the accuser and lawyers in the middle.)

Operation (Patient and surgeon, cleaners, nurses etc.)

May I remind you when using the hand transfer technique, we can get to all the subtle parts of which we are not aware. Also, that if the hands resist coming together, you do not have that problem.

**Buttons:** We develop areas of sensitivity that people can attack, causing us to react. The slang term, ‘pushing your buttons’ is what we say when someone knows us so well enough that they can find ways to hurt us. If we learn from them, we become stronger, more invulnerable. The buttons disappear.

Do hand transfer to the button and do the crystalline thought forms and particles that cause a cascade on them. I would do them one at a time. (Button # 1, Button #2 etc.) You really do not consciously have to recognize them.

**Little Things:** Often we only think of our major problems, but many ‘little things’ cause blocks and irritations that can be the cause of a serious situation later. Hand transfer to the “little thing” and do the crystalline thought forms and particles that cause a cascade on them.

***First Root Cause of the First Root Cause***

At this point, one may think that we have gone about as far as it is necessary to go. Understand that we are dealing with zillions of possible first root causes. This is a road map.

Remember the story of the little boy who lived in a cave in caveman times? This little boy made a decision or the choice to be afraid.

The next question comes to mind is: “Why did he make this choice?”.

Perhaps he was small for his age. The fact that he was small would have

been included in the first root cause already dealt with.

However, this first root cause has many aspects to it. For example:

Why was he small?

- A. Was it because he did not receive love or sufficient food?
- B. Was it because he had a genetic disposition to be small?
- C. What caused the ancestor to have the genetic change that would have encouraged dwarfism?
- D. Was he teased because he was small?
- E. Was he bullied and physically hurt by children because he was smaller than them?

This is only one pathway he could take. His mother could have trained him to be cowardly to protect him. Then we need to look at why she felt the need to protect him. It goes on and on.

*Hand transfer from the person to his state of being small. Do the crystalline thought forms and the particles that cause a cascade on all aspects (instead of the unconscious mind). You might also like to do the DNA and the genes.*



**Doorways That Open Holes:** We seem to allow energies from the energy soup around us to penetrate our beings, perhaps not of our own choice. Closing and un-creating the doors are necessary.

Hand transfer from the person to the open door.

- First root cause of being open
- First root cause of being closed
- First root cause of being created
- First root cause of being uncreated.

### **Energy chakras relating to sensations in the hands::**

When we experience tingles in our hands, we will notice that the tingles are

located in specific places. Yogic energy systems describe the locations of chakra energy centres in various parts of our hands. Just as we communicate with our bodies, our bodies communicate with us through hand sensations. The tingle signifies that the chakra is out of balance, too much or too little energy.

The following are the energy chakra systems.

- |                      |                  |
|----------------------|------------------|
| 1. Physical vitality | 5. Communication |
| 2. Creative, sexual  | 6. Intuition     |
| 3. Ego personality   | 7. Crown chakra  |
| 4. Love              | Spirit self      |

The full part of the palm under the baby finger (percussion part of the palm) signifies the “grumps”.

If you hand transfer from the person to the part of the hand that tingles, you can do the crystalline thought forms plus the particles that cause a cascade, the tinge disappears and you will notice a positive change.

### **Continuing the Hand Transfer Possibilities**

This process allows for free will. However, if “*I wantitis*” or “*do not wantitis*” and addictions get in the way, then the learning and healing may not be accepted. ***The first root cause of the first root cause*** of the specific “I wantitis.” First root cause of the first root cause of the first root cause of the specific “I wantitis”. Keep adding another first root cause until there are no more catches sometimes gets rid of the strong desire.

***Dreams:*** Hand transfer to the dreams and do the crystalline thought forms and particles that cause a cascade with these dreams. It is through our dreams that much of our hidden issues reveal themselves so that we may learn.

***Fourteen Aspects:*** We can hand transfer to fourteen aspects in order to see where the problem may be located. (At the end of the month, intend list and use numbers) Then you LPIT the number.

1. **Unconscious** (All that is not conscious)
2. **Mastermind of the body**  
Overall part that is in charge of our physical aspects  
*(Left Hand Side of The Brain, Inner And Outer)*
3. **Inner left hand side of the brain:** Child hood decisions, hidden decisions
4. **Outer left hand side of the brain:** logical rational conscious decision making: Justification for negatives (should)  
*(Right Hand Side of the Brain, Inner and Outer)*
5. **Inner right hand side of the brain:** intuitive, delusions, creation (invent) of the archetypal negatives (open doorway to either positive or negative intuition)
6. **Outer right hand side of the brain:** creative imagination (of which we are consciously aware)
7. **Cells** Cells have individual lives with their own agendas
8. **Systems** (Digestive system, Respiratory system etc.)
9. **Organs** (Liver, Heart etc.)
10. **Ego-personality** basically related to the physical - self protective
11. **Soul**
12. **Body** The aspect that thinks it is the person. Lacking in intelligence and not accepting the will of the Higher Self
13. **Conscious aspect** The aspect that has free will
14. **Knowing aspect** The aspect that has the intuitive knowing

We can “*create,*” and “*un-create*” thought forms and energy balls. Use hand sensing to find the discordant energy. Make its diagram and go through the following:

The first root cause of the thought form of being there  
 The first root cause of the thought form not being un-created  
 The first root cause of the thought for being un-created

Again, using hand sensing, see if the energy remains. If it does remain, consider the other options discussed in the section on “clearing” the energy.

We sometimes create *doors* in our energy systems that allow discordant energy to interfere with our energy systems. Use the hand transfer technique from the person to the doors. Un-create them using the above procedure.

There is a difference between *knowing and believing*. “Beliefs” can change. We can rationalize ourselves into believing. A deep inner sense of “knowing” is not changeable. If you wish to be sure that you are coming from a knowing base, simply do the following:

Draw the person his/her own diagram.

First root cause of not believing that ..... is true  
 First root cause of believing that ..... is true  
 First root cause not of knowing that ..... is true  
 First root cause of knowing ..... is true

Let us say that you have a *relationship problem*. Intend you in front of your right hand and the other person, company, health or bank account in front of your left hand. Intend they stay there even if you move your hands away. Then, move your right-hand to the space between the intended people or situations and draw the diagram. Do the crystalline thought forms and the particles that cause a cascade.

Then switch you into the left hand and the other in the right. Do the process over again. You will notice remarkable effects.

Take any word, *any concept at all that you might like to strengthen*, for example the word “compassion”. Hand transfer from the person to “compassion”; draw the diagram; do the crystalline thought forms and particles that cause a cascade.

***Reminder : End with “integration” and the acceptance procedure (including crystalline thought forms and particles that cause a cascade if you are finishing for the day)***

You will find many opportunities to explore your own being or that of others exploring ideas prompted by books, television, situations and self observation.

The possibilities are endless.