

Chapter Ten

LEARNING PATH INTEGRATED TECHNIQUE New Approach Procedures

VERIFICATION

It is wise to use a method of verification in order to feel that you are not wasting your time.

Be aware of what you are feeling ‘in the moment’. Rate the intensity from zero to four. Record some indication that describes the feeling.

Then do the process.

After the process is finished, then review your feeling by looking at the description that you wrote down. Rate the feeling again from zero to four. If it is the same, then do the “clearing process” described earlier in this manual.

At the end of the manual, you will find a verification form that will be very useful to you.

CLOSING PROCEDURE

Integration

Understand that a huge number of first root causes have been learned from and healed. Now, integration needs to take place. All aspects need to merge into one, all integrated into a whole person.

Accepting the Learning Plus

At the end of each session, you need to make sure that your unconscious has not changed its mind in terms of accepting the learning. In fact, the unconscious may have crystalline thought forms in relation to learning as well as particles that cause a cascade.

To prevent the pain from returning you would do the following:

Hand transfer to “Retaining the Learning Statement”

“First root cause of *accepting, comprehending, understanding, thinking through consciously acknowledging and gratefully applying the learning for the highest and best good for all concerned* (negative and positive) “

This last statement can be considered as a whole, a picture. After you have read it daily for over a month, you will need only to give it the title “acceptance plus”. Therefore, you would hand transfer to the whole statement with the title “acceptance plus”. Your unconscious and cell memory will retain the whole statement under that title.

AT THE END OF EACH SESSION

Integration

We learn from hundreds or more first root causes with each passage way through the diagram, involving many aspects of our being. Obviously, integration of the learning must take place in the whole being. It is best to do hand transfer and do crystalline thought forms and particles that cause a cascade on “integration”. Initially, you may just want to do the positive and negative on “integration”.

Conscious Awareness of the Learning

The total statement includes ‘consciously acknowledging’. But awareness includes the whole being and acknowledging is limited to the mind.

If you have accepted the learning, there may be a possibility of not retaining it. Therefore a concluding statement brings the attention to accepting the learning in **all aspects**.

Acceptance Plus

First root cause of ***accepting, comprehending, understanding, thinking through, consciously acknowledging and gratefully applying the learning for the highest and best good for all concerned***

Remember: You do not need to memorize this statement, only to read it once a day for over a month. The picture will be implanted in permanent memory so that all you will do at the end is say. “Acceptance Plus”. When you say “Acceptance Plus”, your mind will automatically understand that the meaning is “**Acceptance Plus: First root cause of *accepting, comprehending, understanding, thinking through, consciously acknowledging and gratefully applying the learning for the highest and best good for all concerned***”

Positive and Negative

During the first month you will LPIT reading:

“ **Acceptance Plus: First root cause of *NOT accepting, comprehending, understanding, thinking through, consciously acknowledging and gratefully applying the learning for the highest and best good for all concerned***”

Then you will read the positive,

Acceptance plus: First root cause of ***accepting, comprehending, understanding, thinking through, consciously acknowledging and gratefully applying the learning for the highest and best good for all concerned***”

Acceptance Plus: (with crystalline thought forms and particles that cause a cascade)

At the end of the month, you will learn to speed up. When you do, you will find a more thorough first root cause technique by doing the following. All you will say is “Acceptance Plus.”

Now you will no longer have to read the statement.

Rather than doing the positive and negative, you will do all the crystalline thought forms you can find and all the particles that cause a cascade that you can find. Usually you will not find any, but if you do, possible resistance to retaining the learning will be gone.

This, you will do at the end of every session. If you do not have time, you may still do the “Acceptance Plus” the next day.

UNCONSCIOUS BARRIER BEHIND THE HEART AND BEHIND THE BRAIN

In rare cases of extreme trauma, the protective unconscious barrier may prevent the acceptance to take place.

Then go through the hand transfer technique,
From the person to the heart,
Then from the heart to the unconscious barrier in the heart, and LPIT it.
Hand transfer from the barrier to ‘integration’ and LPIT it
From “integration” to the “conscious awareness of the learning” and LPIT it
Back to the brain and LPIT it.

“Acceptance plus” is the essential part of the procedure above. “Integration” is next in importance. “Conscious awareness of the learning” is not as essential. You can do it or not as you choose. You do not have to do this often, only once a day, or even once a week. All the previous possible learning will be taken into account. Remember, we are sealing in the learning, integration, and conscious awareness of the learning with these first root causes.

The order is: integration, conscious awareness of the learning and acceptance plus.

FOUR PATHWAYS TO PROCESS THE FIRST ROOT CAUSES

Remember to address “all aspects of the person’s being” to lead the person back to the first root cause of any problem. You may want to substitute the unconscious for all aspects. However, the conscious will not learn if you do so.

At the end of each session, as shown before, end with the following:

1. **Integration**
2. **(Conscious Awareness of Learning)**
3. **Acceptance plus:**
First root cause of *accepting, comprehending, understanding, thinking through consciously acknowledging and gratefully applying the learning for the highest and best good for all concerned* (negative and positive) (at the end of each session)

PROCEDURE A (*concise for simple problems*)

1. Intend the person front of right hand and immediate feeling, pain, emotion or issue in front of the left-hand . Hand transfer.
2. Draw the diagram with the right hand.
3. Do the LPIT on all the *crystalline thought forms* (as many as there are catches on existence line.)
4. Do the LPIT on all *particles that cause a cascade* (ditto.)
5. Hand transfer to “*Integration.*” Do the crystalline thought forms as well as particles that cause a cascade. Then do first root cause of integrating all aspects.
6. (Hand transfer to “*Conscious Awareness*”.)
7. Hand transfer to “*acceptance plus*” with the crystalline thought forms and the particles that cause a cascade.

(You may wish to do the *first root cause of the first root cause* of either the crystalline thought forms or particle that causes a cascade if you have too many catches existence line. You may also want to transfer to the unconscious barrier and then to what is hidden.)

You also may want to do the “Unconscious barrier” (block) when the problem does not disappear.

PROCEDURE B (Focussed on inheritance and damaged **genes and DNA**)

1. Intend the person front of right hand and immediate feeling, pain, emotion or issue in front of left-hand . Hand transfer.
2. Hand transfer “Stepladder” down to the genes (*person, body, cells, protein around the DNA, the DNA, the Genes, the damaged Gene.*)
(You can use numbers to replace the labels after a while.)
3. When you reach the gene, then draw a diagram and do the process:
 - i. The first root cause of the gene being damaged
 - ii The first root cause of the gene not repairing itself according the perfect blueprint
 - iii. The first root cause of the gene repairing itself according to the perfect blueprint
 - iv. Hand transfer to back to the DNA
4. When you reach the DNA, draw the diagram and do the crystalline thought forms and the particles that cause a cascade.
 - i. Do the LPIT on all the crystalline thought forms (as many as there are catches on existence line)
 - ii Do the LPIT on all the particles that cause a cascade (ditto)
5. Hand transfer back the whole person. Draw the diagram.
 - i. Do the LPIT on all the crystalline thought forms (as many as there are catches on existence line)
 - ii Do the LPIT on all of the particles that cause a cascade. (ditto)
6. Hand transfer to Integration. Create its own diagram.
 - i. Do the LPIT on all the crystalline thought forms (as many as there are catches on existence line)
 - ii Do the LPIT on all of the particles that cause a cascade. (ditto)
7. Hand transfer to the Acceptance plus. (Hand exchange from person to the acceptance statement (list)
 - i. Do LPIT on all the crystalline thought forms (as many as there are catches on existence line)
 - ii Do the LPIT on all of the particles that cause a cascade.

Acceptance plus:

First root cause of *accepting, comprehending, understanding, thinking through consciously acknowledging and gratefully applying the learning for the highest and best good for all concerned* (negative and positive) (at the end of each session)

Elaboration of The Preceding Concise Outline Procedure

When you do the Learning Path Technique, the simple path is the best. However, sometimes the simple path is not enough.

If the improvement is not complete, we go to the next step.

Our ancestors have left an imprint on our lives fed through our genes. The genes have been invaded by viruses, damaged by chemicals and even modified by our traumas. The DNA also can be affected.

Hand transfer:

From person to pain.

***From the pain to the part of the brain that is giving the sensation of pain.
From the brain to the hidden emotion or psychological problem that the unconscious is trying to hide.***

Dr. John Sarno puts forth the theory that the unconscious protects us by not allowing painful emotions or psychological patterns to come to our conscious awareness. Instead, the unconscious directs a section of the brain to manifest pain in part of our bodies to distract our attention from the emotion or the psychological problem. He has found that if people realize that, the pain often disappears. He sends them to psychologists to deal with an emotion or psychological pattern that is no longer hidden. (“Healing the Back”, “Mind Body Prescription”)

With the Learning Path Technique, we can add another dimension to the process. We can learn from the emotion or psychological problem on a deep level and in that way, deal with the problem. We can send healing to the person at the first root causes in our memories. Pain disappears. Attitudes change instantly and painlessly.

Hand Transfer:***From the person to the body.******From the body to the physical heart.******From the physical heart to the relationship with the mother (father, husband, children, boss, partner etc.) (or emotion behind the heart).***

Dr. Paul Pearsall is a doctor who has had experience with dealing with people who have had heart transplants. With many references, he has shown the importance of the physical heart in relation to thoughts, feelings, tastes, vocabulary as revealed in heart transplant patients. One's negative relationship to one's parents has been shown to possibly result in heart attacks.

This, we can deal with using the Learning Path Technique by doing the crystalline thought form on the relationships as well as the particle that causes a cascade. OR we can do the crystalline thought forms and the particle that causes a cascade, just on the heart.

We have many hidden hurt pockets in the heart. It is a good thing to find them and bring healing to them.

The diagram is the root of all sorts of experiments. These are mine, but you may wish to discover your own through experimentation.

PROCEDURE C

(Concentrates on the unconscious barrier that hides extremely painful emotions, where the brain caused a distraction by producing pain or illness in part of the body.)

1. Intend the person to be front of the right hand and the feeling of the moment (state or aspect or pain,) in front of the left-hand palms facing away from you.
2. Hand transfer from the emotion or feeling (pain or other) in the right hand to the part of the brain that is being programmed to cause the experience of the pain or difficulty in the left hand..
3. Hand transfer from the part of brain to the emotion, psychological or whatever that is causing the brain to stimulate the pain.
 - i. Do the LPIT on all of the crystalline thought forms (as many as there are catches on existence line)
 - ii Do the LPIT on all of the particles that cause a cascade (ditto)
4. Hand transfer back the part of the brain that was caused to stimulate the pain.
 - i. Do the LPIT on all of the crystalline thought forms
 - ii Do the LPIT on all particles that cause a cascade
5. Hand transfer back the whole person and then hand transfer to Integration
 - i. Do the LPIT on all the crystalline thought forms (as many as there are catches on the existence line)
 - ii Do the LPIT on all particles that cause a cascade (ditto)
6. Gene - the first root cause of being damaged
 - i. The first root cause of not repairing itself according the perfect blueprint
 - ii The first root cause of repairing itself according to the perfect blueprint
 - iii. Hand transfer to DNA
7. DNA
 - i. LPIT . . . crystalline thought forms (as many as there are

